

LEABHARLANNA  
DON FHOGLAIM



# LIBRARIES FOR LEARNING

## Tory Top Rd

### 11am

Book Club: new members always welcome; club meets last Tuesday of month.



### 3pm

Gramophone Recital - Members of the Gramophone Circle present their choice of music and song. Regular meeting last Tuesday of the month. New members always welcome. T 492 4934

## Douglas Library Douglas Village Shopping Centre

### All day

Social Sketchers - This informal art group meets every Tuesday in the library to sketch and paint. This is the first exhibition of their work & it continues until April 30.

### 11am – 12.00pm

Workshop: Craft with cards – enjoy a demonstration of skills and techniques.



Tea/coffee available all day - open to all - come along and enjoy. Free parking for up to 3 hours in the Shopping Centre – the library is on its first floor. Wheelchair friendly. Lift available. T 492 4932

## Blackpool Library

### 10am - noon

Table Quiz celebrating the One Book One Community Project involving parents & pupils from Scoil Aiséirí Chríost, Farranree. See separate entry.



### Afternoon

Adult Literacy: Find out about the City of Cork VEC Literacy & Basic Education Services available in the local community for adults who need help. T 492 4933

## Frank O'Connor Library Mayfield

### Afternoon

Adult Literacy: Find out about the City of Cork VEC Literacy & Basic Education Services available in the local community for adults who need help with reading, writing, Maths. T 492 4935

## Central Library Grand Parade

### 2pm – 4pm

Thoroughly Modern Money: learn about a new currency with Cork Environmental Forum – see separate entry.

### 7pm – 8.30pm

Cork City Library and Altrusa Literacy Scheme present Open House this evening. All welcome to listen to readings and music, and tour the library's facilities. Find out about the help available locally for adults needing help with reading, writing, Maths. Free refreshments. T 492 4900

## Bishopstown Library Wilton

### 10.30am – 1pm

Knit & Natter: the group shares patterns, skills, a cuppa and stories! Meets every Tuesday same time. All welcome.



### Noon – 4pm

Adult Literacy: Find out about the City of Cork VEC Literacy & Basic Education Services available locally, presented by Read Write Now & Bishopstown Adult Literacy. T 492 4950

## Hollyhill Library Foyle Ave, Knocknaheeny

### All day

Factfinder.ie is an online resource useful for finding newspaper articles for projects. Book a free session to explore it. Call 492 4928 to book your place.

### 10am

Visit by author Celine Spengeman, who reads from her work and talks about being a writer. All welcome. T 492 4928

**9am – 5pm**

Main Foyer, Coláiste Stiofáin Naofa  
Tramore Rd

## **INSIDE OUT: A GROUP EXHIBITION BY STUDENTS, DEPICTING THE LIGHT SIDE OF LIFE**

Until Friday - details see Monday.

**9am – all day**

James Barry Exhibition Centre  
CIT Bishopstown

## **LOCATIONS CONTAINED – EXHIBITION BY LANA SHUKS**

Details see Monday.

**9.30am – 4.30pm**

St Michael's Credit Union  
Skehard Rd, Blackrock



## **MAHON INTERGENERATIONAL DIGITAL PHOTOGRAPHY EXHIBITION**

Continues until Friday – details see Monday.

### **School hours**

Hall of Boys' School  
Christ the King Primary, Turner's Cross

## **CHILDREN LEARN TO BE STREET SMART**



Parents & grandparents are invited to watch as their children learn how to keep safe on our streets. Street Smart – an initiative from the Road Safety Authority

– really brings it to life. It's a free resource available to schools. Info: Niamh O'Brien at Cork City Council 492 4792 email: niamh\_obrien@corkcity.ie  
Continues Wed & Thurs.

**9.30am – 2pm**

Lavanagh Centre, Ballintemple

## **STUDENT ART & CRAFT EXHIBITION**



Continues until Wednesday – see Monday for details & booking.

**9.30am- noon & 2.30pm-4.30pm**

Hairdressing Salon  
St. John's Central College  
Sawmill Street

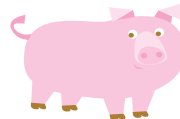


## **LEARN ABOUT HAIRDRESSING**

Drop in and watch students at work in the college's state-of-the-art hairdressing salon. Staff available to answer questions about the hairdressing course. T 425 5500  
See courses and apply online: [www.stjohnscollege.ie](http://www.stjohnscollege.ie)

**9.30am – 3pm**

Before 5 Family Centre  
Churchfield



## **LITTLE ONES LEARN ABOUT ANIMALS**

The Churchfield/Gurranabraher Community Education Network welcomes the AgriAware Mobile Farm. Children attending local schools & childcare facilities enjoy interacting with young animals – holding & feeding them, learning about farm life. Parents & grandparents welcome too. Info: June Hamill 430 3561

**9.40am – 11am**

JCSP Library  
Terence McSwiney Community College

## **HOW TO CARE FOR YOUR PET**

Learn how to look after your pet, with a workshop presented by the Animal Care Society. This is a special event organised for the community in Knocknaheeny/Hollyhill as part of the One Book One Community Family Reading project – as this year's book is Dog Lost by Ingrid Lee. All welcome. Refreshments provided. Phone to confirm times. Park off Hollyhill Lane behind school. Info Ann Neff 439 1001 To book Anne Masterson 439 7740 Repeated twice today. A Knocknaheeny/Hollyhill Community Education Network event.

**10am – 3pm**

*Social Protection Office, Hanover St*

**HELP FOR THE UNEMPLOYED**

The Citywide Community Education Network has a stand in the dole office today, where you can talk to them about courses & other services available across the city. The Network is supported by the City of Cork VEC. Info: Eamonn Kirwan 492 4922

*Citywide Network members: Active Pulse Theatre Group, Adult Guidance Service of City of Cork VEC, Altrusa Adult Literacy Service, Carers Association, Cork City Libraries, Disability Education Network, Employment Resource Centre, Good Shepherd Services, NASC, Retired People's Network, Simon Community, Social & Health Education Project, Sophia Housing, South Presentation Sisters, Traveller Education, Welcome English Centre.*

**10am**

*Yogaworx Studio  
East Village, Douglas*



**TRY A PILATES CLASS**

Experience what Pilates can do for you: feel taller, leaner, stronger, and... relaxed! Try a free class this morning. Limited spaces, so book your place. Regular class here on Tuesday. Yogaworx is near El Vino winebar. Call Jaconel Janssen 085 161 3505 email: info@pilatespeoplecork.com www.Pilatespeoplecork.com

**10am – 4pm**

*Coláiste Stiofáin Naofa  
College of Further Education, Tramore Rd*

**REILIG – EXHIBITION & AUDIO-VISUAL DISPLAY**

Details see Monday, continues until Friday.

**10am – 5pm**

*Cork Vision Centre @ St Peter's  
North Main St*

**CORK CAMERA GROUP ANNUAL EXHIBITION**

The photographic skills of the Cork Camera Group are illustrated through a series of evocative and striking images. Formed in 1986,

the group's programme of activities includes outings to beauty spots, guest speakers, workshops. Last chance to see the exhibition. Vision Centre T 427 9925 email: visioncentre@eircom.net www.corkvisioncentre.com

**10am – 5pm**

*Christian Brothers Secondary School  
Sydney Hill  
Off Wellington Rd*

**MY WORLD, MY VISION – EXHIBITION OF PHOTOGRAPHS & PAINTINGS**

A group of photographers & artists have come together to exhibit their colourful work. They are clients of the Brothers of Charity Southern Services, the Brook Centre & Focus Centre. All welcome. Info 489 1940; email thebrookdb1@eircom.net Continues until Friday.

**10am – 11.15am**

*Cork Movement Centre  
The Yoga Centre  
1st Floor  
4 Washington St*



**LEARN YOGA FLOW**

Join Shelagh for an introduction to yoga flow. Gain flexibility and strength, breathe & relax into the day, with this morning practice. Find out about regular classes here. Info: Shelagh 087 227 3375 or email: contact@corkmovementcentre.com www.corkmovementcentre.com Event repeated Wednesday 11.30am.

**10.30am – noon**

*Meeting Room 1  
Student Centre, CIT*



**INFORMATION & TOUR FOR PARENTS**



This event is for parents of post primary students who have applied to CIT for the academic year 2012/13. Staff of the CIT Access Service provide information, including supports & possible funding. The session includes a tour of the college & free refreshments. Booking essential as places limited; ask where to meet. Call Elaine Dennehy or Louise Bermingham 433 5138 email: linkedschools@cit.ie www.cit.ie

**10.30a.m. – 2.30p.m**

Education & Rights  
Resource Centre  
5, Churchfield Avenue  
Churchfield



## OPEN DAY

All welcome to a showcase of the courses & other services offered by groups affiliated to the Cork Anti-Poverty Resource Network, including the Write Together Adult Literacy Scheme, Cork Women's Action Group, Mná Feasa - Women's Domestic Violence Project, Women Supporting Women – mentoring programme & Cork North Mature Women's Action Group. There's also a presentation for parents on Family Learning in Páistí @ No 3 Churchfield Avenue next door. Info: Margo Kelleher 430 7969 email: writetogether@eircom.net

**11.50am – 1pm**

JCSP Library  
Terence McSwiney Community College

## HOW TO CARE FOR YOUR PET

See 9.40am



**11am – noon**

Crawford Art Gallery  
Emmet Place

## GUIDED TOUR OF EXHIBITION

The Crawford Art Gallery is currently presenting an exhibition of work by John Butts (c.1728-1765) & his pupil Nathaniel Grogan (c.1740-1807), who lived & worked in Cork. Although both artists had precarious existences, they produced many fine paintings. Join historian Dr Alicia St Leger as she looks at some works & discusses aspects of Cork's social and economic life in the 18th century. All welcome. Event repeated on Saturday at 12.30pm.



**11am**

Blackpool Library



## TABLE QUIZ

Cheer on parents & children from 5th Class Scoil Aiséirí Chríost as they compete in a lively quiz. Organised by the Farranree Community Education Network. Info Rachel Browne 421 0677

**11am**

Mayfield Community Arts Centre  
Newbury House, Old Youghal Rd

## SEE SOME ART

Visit an exhibition of artwork produced in collaboration between the Cuig Artists, based at Mayfield Community Arts Centre, and pupils at Gael Scoil Ghoirt Alainn. Info: 453 0434 [www.mayfieldarts.org](http://www.mayfieldarts.org)

**11am – 12.30pm**

Cork Vision Centre @St Peter's  
North Main St



## ABOUT VOLUNTEERING

Staff from the Cork Volunteer Centre introduce the service, outline how to use it effectively and explain why volunteering is so important for us all. There's a brief input from a volunteer and an organisation involving volunteers. This is a once off event. Booking not necessary – all welcome. The short seminar will be followed by the presentation of the quality standard mark to Cork Volunteer Centre. Light refreshments. Cork Volunteer Centre is based at 70 Shandon St T 439 6510 email: [info@volunteercork.ie](mailto:info@volunteercork.ie) Vision Centre T 427 9925

**11am & 2.30pm**

Lifetime Lab  
@ Old Cork  
Waterworks  
Lee Rd



## WORKSHOP: LEARN COMPOSTING

Twice daily until Sat - details see Monday 11am.

**11am – 2.30pm**

*Study of Religions Department  
O'Rahilly Building, University College Cork*

**RELIGION AND MUSIC IN INDIA**

The aim of this lecture and workshop event is to explain the crucial role of sound and music in the religions of India and to listen to some examples. All welcome, no need to book. Come along & learn about the religions in India & be introduced to different sounds and instruments. Info: Dr Lidia Guzy 490 3365 <http://publish.ucc.ie/researchprofiles/A040/iguzy>

**11.30am -12.30pm**

*Cork Movement Centre, The Yoga Centre  
1st Floor, 4 Washington St*

**YOGA FOR THE OVER 50S**

Keep fit and flexible & learn to maintain a healthy body. Regular class here. Info & to book: Shelagh 087 227 3375 email: [contact@corkmovementcentre.com](mailto:contact@corkmovementcentre.com) [www.corkmovementcentre.com](http://www.corkmovementcentre.com) Event repeated Wednesday 10am.



**Noon – 1pm**

*Student Centre, CIT*



**LEARN ABOUT FINGERPRINTING**

Fingerprint analysis is the most well-known use of forensic science; first used as a form of identification in the 1850s. Fingerprints are unique to each individual – even identical twins have a slightly different pattern. Although unique, they can be grouped into fingerprint families. In this workshop, you take your fingerprints and compare and contrast them with the different groups of fingerprint families and the fingerprints from the rest of the group. Booking essential. T 433 5108 email: [sharon.lawton@cit.ie](mailto:sharon.lawton@cit.ie)

**Noon – 1pm**

*Triskel Christchurch, Tobin St,  
between South Main St & Grand Parade*



**TAKE A TOUR OF TRISKEL CHRISTCHURCH**

This guided tour introduces you to the newly renovated building. Learn about the medieval and early modern

history of the church, the building's distinctive features, historical characters associated with it, the graveyard & the crypt. T 427 2022; Alan Collins 086 254 6006 email [alancollins@triskelartscentre.ie](mailto:alancollins@triskelartscentre.ie) Tour repeated on Thurs at 2pm.

**Noon – 1pm**

*Gael-Taca – Corcaigh le Gaeilge  
22 Sullivan's Quay*



**MEITHEAL AN GHRINN: AN GREANN SA GHAELIGE**

Explore the humour found in the Irish language through textbooks, poetry, etc. All welcome. No need to book. Tea/coffee. Find out about courses available. Info: 431 0841 email: [eolas@gael-taca.com](mailto:eolas@gael-taca.com)



**Noon – 3pm**

*St Finbarr's GAA Club  
Neenan Park  
Togher*

**LEARN ABOUT HANDBALL**

Come along to a demonstration & introduction to handball specially organised for the festival. Give it a try – it's great for fitness. Suitable for all ages. Wear runners (no black soles) & comfortable clothing – a tracksuit or football togs. Changing rooms & showers; indoor court; food & drink in bar; parking. Info: Ger Loughran 086 109 8125 or email [oluachrain@gmail.com](mailto:oluachrain@gmail.com); Pat Morris 087 136 5694; Turlough O'Reilly 087 239 6112 Repeated Friday 6-8pm.

**Noon – 5pm**

*Bishopstown Senior Social Centre  
Wilton Park House*

**COMPUTERS FOR THE PETRIFIED**



Take the first steps towards becoming a silver surfer – meet tutor Michael O'Connor & you'll soon see how easy it is. Free refreshments. Info: Roger Coughlan

434 8595 – 086 386 6975 Repeated on Wed & Thurs.

**1pm – 2pm**

*LeisureWorld, Rossa Ave, Bishopstown & LeisureWorld, Knockfree Ave, Churchfield*

## LEARN TO USE THE GYM

Try the gym for free, and learn how it can help your health & fitness. LeisureWorld offers state of the art gym equipment that is used by many of Cork's sporting heroes. See Monday for more details.

**1.10pm – 2pm**

*CIT Cork School of Music*



## LUNCHTIME CONCERT: FLUTES AND BRASS

Today's concert features CAFE (Cork Adult Flute Ensemble) & a brass ensemble performing the American composer Edward MacDowell's Woodland Sketches, conducted by five of CIT Cork School of Music's B. Mus student conductors: lecturer Alan Cutts. Compare the different styles of the young conductors: Info: Edel Sullivan 087 234 4669

**1.30pm – 2pm**

*Alliance Française de Cork  
36 Mary Street  
off George's Quay*



## INTERMEDIATE FRENCH CONVERSATION

Parlez-vous français? Have you already got the basics in French? Then come and chat in French with native tutor Valérie David. T 431 0677 email: info@alliancefrancaisecork.com

**1.30pm – 2.30pm**

*Cork Vision Centre @ St Peter's  
North Main St*

## PERFORMANCE BY THE CORK ACADEMY OF MUSIC

All welcome to relax & enjoy this hour long performance. The Cork Academy of Music improves access to music education for disadvantaged people of all ages on the north side of Cork City. The Academy does this by teaching students music notation and how to play instruments & by gaining certified qualifications. T 427 9925 email: corkvisioncentre@eircom.net

**2pm – 3pm**

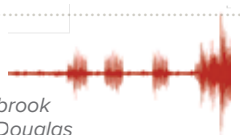
*St. Brendan's Girls' NS  
The Glen*

## ENJOY AN OPEN REHEARSAL

St Brendan's School Band is made up of all the students from third to sixth class. Once a week normal schoolwork is put aside for music lessons with a variety of tutors, in recorder, flute, trumpet, guitar and percussion. The band regularly performs around the city. Once finished in primary school the students are each given a place in an after-school programme to continue their music lessons, an option many of them choose to take throughout secondary school and college. No booking required, just come along. Organised by St. Brendan's GNS / CIT Cork School of Music Info: Caoimhe Conlon 086 320 9442 email: caoimhe.conlon@cit.ie

**2pm – 3pm**

*Carrig Sound  
C3 Units A&B Donnybrook  
Commercial Centre, Douglas*



## LEARN ABOUT SOUND RECORDING & MUSIC TECHNOLOGY

Visit a commercial recording studio & find out about courses offered. Demonstrations daily same time all week, except Wednesday, when it's at 11am. Full details see Monday 2pm.

**2pm – 4pm**

*Central Library  
Grand Parade*



## THOROUGHLY MODERN MONEY

This interactive introduction to a new currency is presented by Cork Environmental Forum. Phoebe Bright,

CEF and FEASTA member, introduces a new currency which supports local trade. The idea is already being adopted in the UK & elsewhere. The event includes a brief history of currencies & an interactive exploration of using the new currency. FEASTA is the Foundation for the Economics of Sustainability www.feasta.org Bring a laptop or wifi device if you have one. Everyone gets an account and an opportunity to trade with the new currency. Info Bernie Connolly 086 821 6726 email: bernadette@cef.ie www.cef.ie

**2pm – 4pm**

*Blackpool Community Centre  
Great William O'Brien St*

**LEARNING ACROSS GENERATIONS**

Do you know that 2012 is the European Year of Active Ageing & Solidarity between Generations? Have you heard about intergenerational learning? Are you interested in finding out what it means & how it can enhance your activities? You may be thinking of introducing some intergenerational work into your community. Whether you are or not, you are very welcome to this event which will be of broad appeal. Come along to hear about some examples of intergenerational work in Ireland and in Australia, with plenty of time to have all your questions answered. Speakers include Viv Sadd of Mahon CDP & the festival's special guest George Osborne from Victoria, Australia. Info: Denis Barrett 086 821 3944

**2pm**

*Douglas Village Shopping Centre*

**DISPLAY OF CRAFTS**

Young at Heart, the Douglas Senior Community Association, show their knitting & crochet. Display includes handmade dolls, tea cosies, baby blankets, matinee coats. Info Phil Goodman 436 3867 or 087 298 7161

**2pm – 4.30pm**

*Cork Printmakers  
Wandesford Quay, Clarke's Bridge*



**DISCOVER PRINTMAKING WORKSHOP, TOUR & DEMONSTRATION**

You are invited to Cork Printmakers, which offers facilities in etching, photo-intaglio, screen-print, lithography, relief print and digital print. Participants in the Mono-print Workshop are given the opportunity to experiment with the technique & to make a print. You can join a tour of the workshop, where you will learn about the range of techniques and equipment. There's also a demonstration of Waterbased Screen-printing, made popular by artists such as Andy Warhol. Work produced by artist members of Cork Printmakers also on show. Monoprint workshop: 2pm max 12 participants; Tour: 3pm – max 15; Screen-printing Demonstration: 3.30pm – Book into one or all activities. Booking essential – Call Frances O'Connor 432 2422 or email: info@corkprintmakers.ie

**2.30pm-4.30pm**

*Hairdressing Salon  
St. John's Central College  
Sawmill Street*



**LEARN ABOUT HAIRDRESSING**

Details under 9.30am.

**2.30pm – 5.30pm**

*Bishopstown  
Senior Social Centre  
Wilton Park House*



**LEARN TO PLAY CARDS**

Join this regular session & learn to play 45 with coach Haulie Lynch. Free refreshments. Find out about other activities at this award-winning centre. Info: Roger Coughlan 434 8595 – 086 386 6975 email:bishopstownseniors@gmail.com

**2.30pm**

*Lifetime Lab @  
Old Cork Waterworks, Lee Rd*



**WORKSHOP: LEARN COMPOSTING**

Twice daily until Saturday - full details under 11am Monday.

**2.40pm – 3.40pm**

*JCSP Library  
Terence McSwiney Community College*

**HOW TO CARE FOR YOUR PET**

See 9.40am



**3pm**

*University College, Cork  
Visitors' Centre, North Wing, Main Quad*

**GUIDED HISTORICAL TOUR OF UCC**

See Monday for details.



**5pm – 8pm**

*Cork College of Commerce  
Morrison's Island*



**5pm – 8pm**

*Photographic exhibition & collage of photos*  
For details see Monday.

**6pm**

Learn the SARI method of handwashing  
Correct hand washing is universally accepted as crucial to infection control. How good is your technique? Join a demonstration of the SARI method now used in all healthcare facilities. Rose O'Neill, an experienced nurse and teacher in the college, gives advice. Roll up your sleeves and get involved! The Nursing Department is one of the biggest in the college.

**6.30pm-7.15pm**

*Five things to do with your  
pre-schooler for under €5*

Niamh Gaine, one of the college's Childcare teachers, gives a fun and informal session on how to occupy the small person in your life effectively and cheaply. Learn some cheerful ways to engage pre-schoolers. Niamh discusses how learning goes on during play and its importance. The college is the largest provider of Childcare Training in Munster and specialises in Child Development in all its forms.  
T 422 2100 email: queries@ccoc.ie

**6.30pm – 7.15pm**

*Yes, we can - supporting ability*

Susan Holland O'Leary, the College Disability Officer, explains how the college supports learners. An informal session where questions can be asked. The Cork College of Commerce takes pride in enabling all students to achieve their full potential. Its person-centred approach recognises that some may need to learn in a different way & aims to provide services appropriate to need. Info Susan Holland O'Leary 422 3828 email: sholland@ccoc.ie

**7pm**

*The best diet for your child's health*

Join an informal session with Fiona O'Connor, one of the college's nutrition teachers, for great tips on how to raise your child as healthily as possible without breaking your budget.  
T 422 2100 email: queries@ccoc.ie  
www.corkcollegeofcommerce.ie

**3.30pm – 4pm**

*C1, Church Building  
St. John's Central College, Sawmill Street*

## **Q&A SESSION ON ANIMAL CARE**

Find out about the Animal Care course and view the college facilities. Info: 425 5500 or see a list of courses and apply online: [www.stjohnscollege.ie](http://www.stjohnscollege.ie)

**6.15pm**

*Cork Dance Studio  
Connell Street, Off Lapps Quay*



## **TRY SALSA – A DANCE CLASS FOR BEGINNERS**

Spice up your life by learning this sexy Latin American dance. Salsa is a unique form of exercise, which builds endurance and stamina, helps weight loss, and is a fun social activity. Try it! Regular classes here every Tues & Thurs; payment options to suit all. Social dancing Thurs after classes; free Salsa social every Friday from 10.30pm in the Newport Bar, Paul Street. Call or email to book your place as numbers limited.  
T 484 0808 email: [info@corkdancestudio.com](mailto:info@corkdancestudio.com)  
[www.corkdancestudio.com](http://www.corkdancestudio.com)

**6.30pm – 7.30pm**

*St Anthony's Sports Hall  
Ballinlough Rd*



## **KARATE FOR KIDS**

Children aged 5+ are invited to the weekly class run here by the Rising Sun School of Karate. They'll learn the basic skills for self-defence, fitness, confidence & fun. Parking available. Book a place by calling Barry 429 1313; 086 722 2779; email [barry@risingsun.ie](mailto:barry@risingsun.ie)



**6.30pm – 9pm**

*Mayfield Community Arts Centre  
Newbury House, Old Youghal Rd*



## **ART PORTFOLIO CLINIC**

Are you applying for Art School in 2012, 2013 or 2014? Bring your work along for a free one-to-one session & get advice from tutors from the Portfolio Preparation Course on what to do to get it to presentation standard. Book early as only five half hour places available. Regular art/portfolio classes are run here on Tuesday evenings for a fee. Call Danielle 086 395 6602 Repeated Saturday.



**6.30pm**

*CIT Crawford College of Art & Design  
Ground Floor Exhibition Space  
Sullivan's Quay Campus*

**EXHIBITION OPENING –  
WORK BY EVENING STUDENTS**



All welcome to the opening of an exhibition of current work by students attending the various evening

courses at the CIT Crawford College of Art & Design. Info: 433 5246 The exhibition is part of the college's centenary celebrations – Crawford 100 - check out [www.cit.ie](http://www.cit.ie) for further events this week & all year. The Sullivan's Quay campus is in the former FÁS & Tax offices. Exhibition continues Mon – Fri until April 13.

**6.30pm – 8pm**

*Cork Quaker Meeting House  
Summerhill South*



**EXPLORING  
PEACE – AN  
INTERACTIVE  
DISCUSSION**

This event, facilitated by Cork Quaker Nicholas McMurray, includes introductory short talks by people who have tried to support peace or nonviolence in various ways, followed by discussions. Explore the meaning of peace and what it means to live in a way that promotes peace in the modern world, both within ourselves and worldwide. All welcome, no need to book. Info: 085 728 5287 email: [d.gabuzda@ucc.ie](mailto:d.gabuzda@ucc.ie)

**7pm**

*Cork College of Commerce*

**THE BEST DIET  
FOR YOUR CHILD'S HEALTH**

See panel page - 19



**7pm – 8.30pm**

*Assistive Technology Lab  
Nexus Student Centre  
CIT Bishopstown*



**LEARNING SUPPORT -  
STRATEGIES & SKILLS FOR  
STUDENTS WITH DYSLEXIA**



Jessica & Oliver from the Access Learning Support Service explain how they help current & prospective

students with Dyslexia & associated specific learning difficulties in courses at CIT & at other Adult Education courses. The Lab is next to Bank of Ireland in the Nexus Centre. Park in tiered student car park & staff car parks. Info: [accesslearningsupport@cit.ie](mailto:accesslearningsupport@cit.ie) To book call Christine Nolan 433 5138 email: [christine.nolan@cit.ie](mailto:christine.nolan@cit.ie)

**7pm - 8pm**

*School of Business  
Room D242, CIT*



**HEAR ABOUT PART-TIME  
BUSINESS COURSES**



Come to a presentation on part-time undergraduate Degree and Masters programmes available in the Department of Continuing Education at CIT, followed by Q&A. Refreshments. Booking essential.

T 433 5900 or 433 5902 email: [adulsted@cit.ie](mailto:adulsted@cit.ie) [www.cit.ie/prospectus](http://www.cit.ie/prospectus)

**7pm - 9pm**

*Men's Art Studio  
Mahon Youth Centre  
Mahon Drive*



**OPEN STUDIO -  
DISPLAY OF MEN'S ART**

Nightly until Thurs - details see Monday.

**7.15pm – 9pm**

*Traveller Visibility Group  
Lower John St*



## **CELEBRATE THE WORK OF TRAVELLER WOMEN**



All welcome to a celebration & exhibition of work undertaken by Spring Lane young girls' group – a regular class which meets on Tuesdays. Free

refreshments. To find Lower John St, cross Opera House Bridge towards Blackpool, take left at Pa Johnson's pub, turn right & Traveller Visibility Group is on left.

Info: Sandra McCarthy 086 173 1274

**7.30pm – 9pm**

*Mahon Family Centre  
Mahon Drive*



## **CREATIVE WRITING WORKSHOP**

Come to a creative writing workshop, facilitated by Kevin Doyle, which aims to introduce budding writers to the gift of words. Classes are funded by the City of Cork VEC. Refreshments. Booking necessary, call Maeve 435 8866

**8pm**

*Gresham Metropole Hotel  
MacCurtain St*

## **VISIONARY LEADERSHIP IN CHALLENGING TIMES**

These are challenging times for individuals, communities & our country. This talk by Jim Sheehan & Bernadette Phillips explores how hope, vision & leadership can help us to work together for positive change. Everyone welcome to an enjoyable & interactive session. Organised by SHEP – the Social & Health Education Project. T 466 6180

email: socialandhealth@eircom.net

**8pm – 9.30pm**

*Kinsale Road Accommodation Centre  
Next to Bull McCabe's pub, Kinsale Rd*

## **JOIN A CHOIR REHEARSAL**

Ever thought of joining a choir? Come & enjoy listening to the World as One Multicultural Choir as it rehearses with its conductor, well-known Cork soprano Fiona O'Reilly. Members are from many countries, and the choir's repertoire is upbeat, modern & joyful. It rehearses here every Tuesday and new members are always welcome. Listen, enjoy, join in!

Booking not essential but appreciated.

Info: Ann Bracken 087 238 5527

**8pm – 10.30pm**

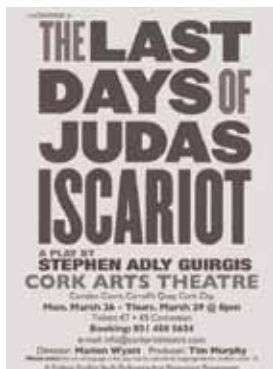
*Cork Arts Theatre  
Camden Court  
Carroll's Quay*



## **TWO FOR ONE THEATRE TICKETS**

See a play – two tickets for the price of one tonight for festivalgoers. The play, by Stephen Adly Guirgis, is a courtroom drama unlike any other. In downtown Purgatory a lawyer is appealing Judas Iscariot's sentence of eternal damnation. The court case lands Pontius Pilate, Mother Teresa and Satan on the witness stand. Jesus, Mary Magdalene and St Peter also appear, as does St Monica – who flings expletives. Please note: this production is not suitable for under 16s. This csnDRAMASK

production is by the full-time theatre performance and production students at Scoil Stiofáin Naofa. It's produced by Tim Murphy & directed by Marion Wyatt. For performances on Monday, Wed & Thurs – Early Bird tickets @ €5



March 17. Usual prices €7/ €5. To book call 450 5624 or e-mail: info@corkartstheatre.com To get two tickets for the price for tonight only – present this programme at the Box Office.