FRINGE EVENTS

Daily until Sunday April 1

MONDAY MARCH 26

Total Golf Cork, **Ballincollig**

10a<mark>m – 10pm – Mon</mark>day to Friday 8am – 8pm – Saturday & Sunday

Learn a little golf

Free individual 20 minute golf lessons every day during festival week with teaching professional Craig McFadden in a fun & enjoyable environment. Total Golf is a floodlit driving range offering services, including lessons, custom & retro fitting, club repair, open 12 hours a day seven days a week. Well signposted, 10 mins from Cork, 5 mins from Ballincollig, 100 yds from The Inniscarra Bar. You must book. Call Craig: 086 836 8534; email: craig.totalgolfcork@gmail.com

TUESDAY MARCH 27

Cumman na Daoine, Catherine St, **Youghal**

10am - 1.30pm

Youghal's Lifelong Learning Festival

Discover the opportunities & supports available in Youghal for adults returning to education. Sample what's on offer with workshops all morning. Organisations involved: Employability Services Cork, East Cork Youthreach, Youghal Adult Basic Education Group, Cumman na Daoine, Department of Social Protection, FÁS, RAPID, St Vincent de Paul, East Cork Traveller Advocacy Project, County Cork VEC Adult Education Service, Pobalscoil na Trionide, Youghal Family Support Group, SECAD. Info: Sharon Ormonde 087 090 3250 email selupton@eircom.net

WEDNESDAY MARCH 28

Parish Centre, Main Street, Carrigaline

10am - 1pm

Carrigaline's Lifelong Learning Festival

The Carrigaline Adult Education Network invites you to a celebration of learning. Try new skills in a range of workshops - from glass blowing to low impact exercising, flower arranging to computers, there's bound to be something of interest. Enjoy a free mini facial from ITEC Beauty Specialist Diploma students. Find out more about a range of courses from information stands & about supports available to learners. Meet others interested in learning. Among those taking part are: County Cork VEC, BTEI East Cork, South and East Cork Area Development. Dept of Social Protection, FAS, MABS, UCC, CIT, St John's, VSO. The centre is behind the Church of Our Lady and St John. Info Patrick Callinan 024 92804 - 086 853 2143 -

email: bteieastcork@gmail.com

Library, **Bandon**

10.30am - noon

Something I picked up along the way

Challenge yourself to get your stories on to the page at this writing workshop. Listen to the lives of others and maybe even dare to share a scéal or two. Just bring a biro & a sense of humour. Bandon Library Writers Group meets here every second Wednesday morning. Visitors & new members always welcome. Contact the group Eliz 086 601 9078 Library contact Delores 023 884 4830

The Social & Health Education Project (SHEP), Village Centre, **Ballincollig**

2pm - 4pm

Learn about cyberbullying



Margaret Bray, SHEP Community Tutor, leads a workshop on cyberbullying & its effects - an opportunity to increase understanding of this widespread form of bullying. SHEP is a unique, not-for-profit, community-based training & development organisation. Booking essential as places limited. Geraldine Flanagan 466 6180 email: socialandhealth@eircom.net

An Carrig, Carrigaline Court Hotel

8.30pm - 9.30pm



Karate – an introduction for adults

The Rising Sun School of Karate runs a weekly class for adults here. Come along and find out what it would be like to attend it with this introduction to the sport & to self-defence. Free parking. To book call Barry 429 1313; M 086 722 2779 email barry@risingsun.ie www.risingsun.ie

FRIDAY MARCH 30

An Carrig, Carrigaline Court Hotel

6pm - 7pm

Karate for kids



SATURDAY MARCH 31 & SUNDAY APRIL 1

Total Golf Cork, Ballincollig

8am – 8pm

Learn a little golf - see above.

SUNDAY APRIL 1

Carrigaline Community Complex

6pm - 8pm



African dance & drumming workshop

Come & join in traditional dances, or have a go at playing traditional music instruments & learn more about Togolese culture. The group meets here every second Sunday and newcomers are always welcome. For more info & to book call Lawson 087 743 2664 or Siobhan 087 774 0462 or email afroshow17@yahoo.ie



All details correct at time of going to press. The organisers cannot accept responsibility for losses incurred due to cancellation or alteration of events.

A contact phone number appears with each event to allow you to check or book if requested to do so.

